



Unlock the next level of bodywork & discover your true potential through personalized, advanced techniques.

Are you ready to dive deeper into the transformative world of bodywork?

Join my immersive, personalized training designed to accelerate your growth in a supportive and engaging environment.

**Join Us for 6 intensive days
from Monday 5th to Saturday 10th October 2026**

Personalized Intake for Optimal Results

To ensure each participant gains the most from this transformative experience, I conduct a brief intake session to understand your goals, background, and journey. This personalized approach helps create a well-balanced and synergized group, ensuring optimal results for everyone involved.

Discover your unique path in bodywork!

This workshop is crafted to help you uncover your unique style of bodywork, blending proven techniques with personal insights to forge your own path to mastery.

My intent is to share with you my unique approach to working with clients, because for me, bodywork transcends the physical and touches the essence of being.

Reserve your place today

Limited spots are available. Apply now to ensure your participation!

Eva Di Pierro

The Facilitator

Eva Di Pierro



Eva is a somatic practitioner and alchemic BEING worker with more than 18 years of experience in embodied work, conscious sexuality and trauma-informed practice. Her approach integrates Myofascial Release Bodywork, external and internal dearmouring, Somatic Experiencing, Biodynamic principles, shadow work, clean anger work and Jungian archetypal understanding.

Rooted in presence and relational depth, Eva works with the nervous system, body memory and emotional patterns in a grounded and ethical way. She brings together precise touch, psychological insight and embodied awareness to support profound transformation.

Originally from Italy and now working internationally, Eva guides individuals, couples and leaders toward embodied authority, integrity and authentic connection.

Giulio is a dedicated healing artist and choreographer with a passionate commitment to exploring the body's healing and artistic potential. With over 20 years of experience, Giulio's transformative approach blends creativity and therapeutic practices to support personal growth and well-being.

His sessions, with a blend of Myofascial Energetic Release, Biodynamic Breathwork and Trauma Release® and Integrative Gestalt Coaching™, cultivate meaningful connections, encouraging self-discovery and empowerment.

Main Assistant

Giulio D'Anna



What you will learn

- The Value of the Intake: Based on the Somatic Experiencing approach, learn how to resource a person, understand the concept of SIBAM, and apply Vortex and Counter Vortex techniques.
- Archetypes: Understand archetypes and learn when and how to use them in sessions.
- Somatic Experiencing Techniques and Vocabulary.
- Myofascial Release Strokes
- External Body De-armouring. Learn the structure, techniques and trigger points.
- Working with Sexual Energy: Explore tantric touch techniques
- Nervous System Work: Learn how to work with the sympathetic and parasympathetic systems.
- Effective Communication in Sessions: Understand how, why, and when to communicate to enhance awareness and connect the body with the experience.
- Trauma-Informed Approach.

Why join us?

- Holistic Approach: gain a comprehensive understanding of bodywork by integrating diverse methods.
- Expert Guidance: learn from an experienced practitioner with over 20 years of multidisciplinary expertise.
- Personal Growth: this training goes beyond techniques; it is a journey of personal transformation and growth.
- Intimate Setting: we limit the group size to ensure a deep learning experience with full support and personalized attention throughout your journey.

Your Host and Location

Our Host Layla will welcome you at Nystedet, our home for the training. Set in the serene countryside by Præstø Fjord, Nystedet is a warm, intimate retreat space designed to support presence, reflection and growth.

Surrounded by forests, open fields and water, this peaceful venue blends rustic charm with a creative, nurturing atmosphere, perfect for embodied trainings, movement, workshops and deep experiential learning.

Nystedet is located in Faksevej 4, DK-4720 Præstø, approximately 90 km south of Copenhagen, about 1 hour and 15 minutes by car from the city, offering easy access while allowing participants to fully immerse themselves in nature and focused practice. It is possible to organize a private transfer from/to Copenhagen airport for an additional fee.





**NEXT LEVEL
BODYWORK
TRAINING**
5th ~ 10th
October 2026

Eva Di Pierro

Start: Monday 5th October at 11.00 h
End: Saturday 10th October at 15.00 h

Investment: €2.725

including board & lodging

+ 2 online follow up to support you in your development

EARLY BIRD (till 31/05/2026): €2.525

EARLY BIRD 2 (till 30/06/2026): €2.625

**To secure your participation a non refundable
deposit of €600 is required**

Your transformation starts here

This workshop is your chance to elevate both your practice and yourself. I'm here to guide you, providing the tools, insights, and confidence to transform your bodywork practice.

Secure your spot today to enhance your skills and deepen your connection to the essence of bodywork.

Apply now, don't miss this moment to step into a new level of mastery!

**For more info and to RESERVE YOUR
SPOT**

BOOK YOUR INTAKE

bodyworktnt@gmail.com

Eva Di Pierro